

MUNICIPALITY OF CLARE

Recreation Services

PROGRAMS AND SPECIAL EVENTS

MOVE MORE

FIRST SESSION: Tuesday, May 26th
TIME: 6:30 p.m.
LOCATION: Municipal Office
COST: Free!

Have you been thinking that you should start an exercise program, but you need motivation to get going? Well the Move More program is perfect for you. During this 6 week program (2 hours per week), you will try various activities, meet new friends, learn about nutrition and have fun.

The next Move More will start on May 26, 2020 at the Municipal Office (committee room) at 6:30 p.m. Participants must register in advance by contacting the recreation services.



POKER WALK

DATE: Monday, June 1st (rain date: June 2nd)
TIME: 6:30 p.m.
LOCATION: Belliveau Cove Boardwalk
COST: Free!

Bring a friend or the whole family to participate in the Poker Walk at the Belliveau Cove Boardwalk (Piau's Walk). This beautiful seaside trail is very well known and appreciated by residents and tourists alike! Pick one card at each checkpoint along the boardwalk in an effort to get the most points at poker. The three best poker hands will each receive a prize!

BIKE RODEO

DATE: Wednesday, June 3rd (Rain date: June 4th)
TIME: 6:30 p.m to 8:00 pm
LOCATION: Clare Veterans Centre
AGES: 5-11
COST: Free!

An opportunity for kids to practice their bicycle skills and to learn the rules of the road. We'll be following the SPROCKIDS program! Come join a fun evening of learning! Please bring your own bicycle and helmet. This event is in partnership with Vélo Baie Sainte-Marie.



YOGA ON THE BEACH

FIRST SESSION: Tuesday, June 9th
TIME: 6:30 p.m.
LOCATION: Mavillette Beach
COST: FREE!

Every second Tuesday in June, July and August!

Meet us at the second staircase (civic #336), bring your mat and breathe in the sea air during free outdoor yoga sessions in partnership with Corbeau Yoga Studio. In case of inclement weather, the event will be rescheduled to the next day.

CARD GAMES

DATE: Wednesday, June 10th
TIME: 1:00 p.m. to 4:00 p.m.
LOCATION: Clare Veterans Centre
COST: Free!

A fun afternoon for seniors with card games and a light snack.



FAMILY WALK

DATE: Mondays from June 21st until July 27th
TIME: 10:00 a.m. to 11:00 a.m.
LOCATION: Lisa T Café
COST: Free!

Join us for a fun morning of creativity and physical activity! There will be a short activity at the Lisa T Café for kids followed by a family walk in le Petit Bois. Dress for the weather! Check our Facebook page or call the Recreation Services for updates on the program.



LEARN TO FONDO

FIRST SESSION: Sunday, June 21st
TIME: 10:00 a.m.
LOCATION: Vélo Baie Sainte-Marie
COST: \$50



Would you like to enhance your cycling skills but don't know where to start? Learn to Fondo is a 12 week program that will teach you all the knowledge and abilities you'll need to achieve your goals. If you participate in the program and complete at least 10 of 12 sessions, you will receive a \$50 gift certificate from Vélo Baie Sainte-Marie! Please contact Clare Recreation for more information.

Participants are asked to register in advance as space is limited.

WASHER TOURNAMENT

DATE: Wednesday, June 24th
TIME: 10:30 a.m. to 2:30 p.m.
LOCATION: ESDC Ball field
AGES: 50 years and over
COST: Free!

Come enjoy this fun competition. BBQ lunch will be provided. Participants are asked to register in advance as space is limited.



KITE NIGHTS

FIRST SESSION: Thursday, July 9th
TIME: 6:30 p.m.
LOCATION: Mavillette Beach
COST: FREE!

Every second Thursday in July and August!

SUMMER ACTIVE CHALLENGE

Again this summer, during the summer months, we invite you to participate in our Summer Active Challenge. Do at least 30 minutes of physical activity 5 times per week and contact the Clare Recreation Services by phone or by e-mail at recreation@munclare.ca before 4:00 p.m. every Tuesday starting June 2 to be included in the weekly draw. Each week that you call or email us, your name will also be entered in the grand prize draw to be won at the end of the summer. Visit our website or come to the Municipal Office to get your copy of the tracking sheet.

ATTENTION: LOCAL MUSIC GROUPS

Do you have a band and would like to perform at our CANADA DAY CELEBRATIONS - July 1st at Smuggler's Cove Provincial Park? If so, contact the Clare Recreation Services for more information (the celebrations are held inside when the weather is not favourable). Please submit the name of your band no later than 4:30 p.m. on Friday, May 30th to recreation@munclare.ca

LEADERSHIP TRAINING GRANT PROGRAM

The Leadership Training Grant program aims to increase the opportunity to support coaches, officials, community sport groups and individual leaders in their pursuit in NCCP and non NCCP training and professional development, in addition to providing community sport organisations the opportunity to host officials and coaches' clinics for the volunteers in their sport. Applications may be submitted at any time during the fiscal year.

COMMUNITY RECREATION ASSISTANCE PROGRAM

Helping offset the cost related to participating in recreation programs for the benefit of residents of the Municipality of Clare. To be considered for funding, applications must be received PRIOR to the activity.

Please contact the Recreation Manager prior to submitting an application to confirm eligibility.

Application deadline:

Programs occurring in:

March 15
June 15
September 15
December 15

April, May, June
July, August, September
October, November, December
January, February, March

EQUIPMENT LOAN PROGRAM

The Equipment Loan Program provides individuals or groups the opportunity to experience a new sport or activity without making a financial investment in equipment. Equipment loans include:

- GPS (a refundable \$25 deposit is required)
- Variety of balls
- Tennis racquets
- Lifejackets
- Nordic walking poles



COMMUNITY CALENDAR

This electronic calendar displays events and activities offered in the Municipality of Clare. For event organizers, this is a great tool to assist in the planning and coordination of events.

To add an event, or to view the calendar, visit the website: www.clarenovascotia.com

